



Non-Phosphorous Products for Laundry & Dishwasher – a Shopping Guide

Phosphorous in a lake system is a nutrient that aquatic plants and algae require for growth. However, when there is excess phosphorous, too much plant and algal growth is promoted. This can cause algae and potentially toxic cyanobacteria blooms. Blooms interfere with fishing, swimming and boating, and they have a detrimental impact on the health of the lake.

The Lakes & Streams Committee aims to inform Eastman residents about the various ways we can protect Eastman Lake, our most precious asset. Fortunately, we can minimize the human sources that contribute to lake problems. The detergents we use eventually end up in our septic systems, where they can then leach into the lake. Detergents normally contain phosphorous, listed as a phosphate in these products.

Look for the certified biodegradable logo from the Scientific Certification Systems. Look for “NP” label (no phosphorous). Avoid products which have the ingredients “STPP” (sodium tri-polyphosphates), “polyphosphates” or “phosphate builders.” By maintaining your septic system, and using non-phosphorous cleaning products, you will make a significant contribution toward the health of our lake.

SAMPLE NON-PHOSPHOROUS PRODUCTS & WHERE TO GET THEM

PRODUCT	HANNA FORD	CO-OP	KEARSAGE CO-OP	SHAWS	PRICE CHOPPER	K MART	WALMART	RUM BROOK
DISHWASHER								
Seventh Generation automatic dishwasher powder 45 oz/2.81 lbs		\$5.29	\$6.19	\$4.29				\$5.29
Ecover automatic dishwasher powder 48 Fl. oz		\$5.49						
Ecover dishwasher tablets 25 loads			\$4.99					
Seventh Generation dish liquid 25 Fl. oz/1.56 PT		\$3.59	\$4.39	\$3.49				
Home Life concentrated 28 Fl. oz/1.75 PT				\$2.69				
Ecover dish liquid 32 Fl. oz		\$3.49			\$4.99			
Planet dish liquid 25 Fl. oz/1.56 PT	\$2.87	\$3.19						
Method dish liquid 25 Fl. oz/1.56 PT		\$3.69						
Palmolive Eco liquid det. 75 oz/4lb 11 oz						\$4.19	\$2.79	
Green Works dish liquid 1.3PT/22 Fl. oz						\$3.19		
Cascade 45 Fl. oz/2.81 lb								\$4.79
Cascade 35 Fl. oz/2.18 lb								\$4.69
LAUNDRY								
Home Life 100 Fl. Oz/3.12 Qt				\$6.49				
Home Life 50 Fl. Oz/1.56 Qt				\$3.29				
Green Works 45 Fl. Oz/1.4 Qt	\$2.99			\$9.99		\$7.99		
Green works 90 Fl. oz/2.81 Qt					\$12.99	\$11.99		
Seventh Generation 50 Fl. Oz/1.56 Qt				\$10.99	\$7.99			TBD
Seventh Generation Baby 50 Fl. oz/1.56 Qt		\$6.49						TBD
Seventh Generation 2X Concentrated 50 Fl.oz/1.56 Qt	\$7.99	\$7.49	\$7.49					
Planet 2X Ultra 50 Fl. oz/1.56 Qt	\$7.39							
Nature's Place 2X Double laundry det. 50 Fl. oz	\$4.99							
Method Squeaky Green 32 Fl. oz		\$9.29						
Ecover laundry wash 51 Fl. oz			\$10.79					
Home Life bleach 96 Fl. Oz/3 Qt				\$2.99				
Ecover non-chlorine bleach 64 Fl. oz/1.89 L		\$5.49						
Ecover laundry bleach 14 Fl. oz			\$4.89					
Ecover fabric softener 32 Fl. oz			\$5.89					
Home Life fabric softener 51 Fl.oz/1.59 Qt				\$4.99				

*Store card prices may be lower
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